

DO IT SOON

Your speaking voice is your #1 communication tool: learn to use it well



ARTICLES/ UTILITY: Language and speech are unique to humans. Speech is the way we communicate our thoughts and feelings to those around us. Yet, very few of us have the ability to use it well. It's not easy to change the way you speak. Like all attempts at changing behaviour, speaking effectively requires attention to a bunch of details. This post includes links to some sites that will teach you how to speak well and, with it, improve your image.



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SOURCE: Multiple

Your mind can be tricked into feeling less pain



INFOGRAPHIC/ VIDEO: Pain is never a nice things to experience, but it is one of the most useful bodily signals we have. It acts like an alarm system – sending an immediate message for harmful and potentially fatal conditions. New research now shows how as well as being tricked into experiencing pain, the brain can also be fooled into experiencing pain relief. What we know to be true can be overridden by the brain. In practical terms, these findings could present viable treatment and pain relief in conditions for people with chronic pain potentially offering hope to thousands of people whose lives are blighted on a daily basis.



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SOURCE: The Conversation

A bird's-eye view of nature's hidden order



LONG ARTICLE FOR HARDCORE READERS: Scientists are exploring a mysterious pattern, found in birds' eyes, boxes of marbles and other surprising places, that is neither regular nor random. Hyperuniformity is clearly a state to which diverse systems converge, but the explanation for its universality is a work in progress. ... hyperuniformity as basically a hallmark of deeper optimisation processes of some sort ... But what these processes are might vary a lot between different problems.



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SOURCE: Quanta Magazine

TO DO LIST

Make your resume stand out from the crowd – use an infographic style



INFOGRAPHIC: A journey of a thousand miles, it is said, begins with a single step. Your resume is most often the first step in your professional career. It should stand out from the crowds that flood employer's offices each day. Infographics are effective, eye-catching devices for conveying information. Use an infographic style to submit your resume and make sure that it is picked out in the early rounds. Edge out the competition with captivating CVs designed from Canva's collection of professional resume templates – free to customize with the help of their intuitive design editor. Use the checklist to make sure that all important elements are included.



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SOURCE: Canva/ Essay Mama

Making philanthropy work: 5 strategies



INFOGRAPHIC/ LONG ARTICLE: Some of our biggest societal changes have been backed by billionaires and big nonprofits in campaigns that have taken decades. Here's how they did it.



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SOURCE: Harvard Business Review



Thinking | Teaching | Talking
www.thinkteachtalk.net

Curated and enhanced content, once a week

This is a newsletter of curated content directed at people who are tired of reading nothing but bad and depressing news in the mainstream media. The content in this site will be of interest to:

- People who like to think critically.
- People who like to teach young minds how to think critically.
- People who like to communicate - speaking, writing, engaging in forums - critically assessed information to interested audiences; I would like to offer Richard Saul Wurman's phrase, "Information architect", as a descriptor.

Arjun Rajagopalan



My professional life of four decades was spent as a surgeon, educator and medical administrator. I am now retired from active practice and when I reflect on my life and ask myself what did I do that could be now redirected to a larger audience, three things pop up: thinking, teaching, talking.