

For the week of 12 February 2018

IMPORTANT INFORMATION: Planned change in frequency of the newsletter

For over 2 years, this newsletter has come out every week (with a handful of exceptions). I have had 2 problems with this schedule: finding enough quality content each week and the pressure of meeting a deadline.

I am, therefore, planning to **change the weekly frequency to one where I will send the newsletter when there are 10 good items.**

Please reply to this newsletter if you have any suggestions or ideas on this matter. It would be much appreciated.

#1: How compassionate architecture can create dignity for all

 **VIDEO:** This video takes to task the lack of diversity in design that leads to thoughtless, compassionless spaces. Design has a unique ability to dignify and make people feel valued, respected, honoured and seen. The speaker, John Cary, calls for architects and designers to expand their ranks and commit to serving the public good, not just the privileged few. “Well-designed spaces are not just a matter of taste or a questions of aesthetics,” he says. “They literally shape our ideas about who we are in the world and what we deserve.”



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SOURCE: TED

#2: Ikigai: how the Japanese find meaning in life

 **INFOGRAPHIC/ ARTICLE/ VIDEO:** Ikigai is a Japanese concept that means “a reason for being.” It is similar to the French phrase “raison d’être”. Everyone, according to Japanese culture, has an ikigai. Finding it requires a deep and often lengthy search of self. Such a search is important to the belief that discovering one’s ikigai brings satisfaction and meaning to life.



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SOURCE: Big Think

#3: CEEV: Transform your LinkedIn profile into a spectacular resume

 **UTILITY:** Stop wasting time typing up a new resume every time. Use what you already have – your LinkedIn profile. It only takes a click.



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SOURCE: CEEV

#4: 5 big philosophical questions

 **LONG ARTICLE FOR HARDCORE READERS:** In modern times, the business of philosophy is no longer trying to attain empirical truths about the world (we’ve got science for that), but rather to critically explore concepts and notions informed, whenever possible, by science.



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SOURCE: Footnotes to Plato



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Curated and enhanced content, once a week

This is a newsletter of curated content directed at people who are tired of reading nothing but bad and depressing news in the mainstream media. The content in this site will be of interest to:

- People who like to think critically.
- People who like to teach young minds how to think critically.
- People who like to communicate - speaking, writing, engaging in forums - critically assessed information to interested audiences; I would like to offer Richard Saul Wurman's phrase, "Information architect", as a descriptor.

Arjun Rajagopalan



My professional life of four decades was spent as a surgeon, educator and medical administrator. I am now retired from active practice and when I reflect on my life and ask myself what did I do that could be now redirected to a larger audience, three things pop up: thinking, teaching, talking.