

TTT: 76 - 80

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Tools for excellence: This is a one-stop repository of resources for productivity and self-improvement. The page is hosted on Patreon --a platform that provides business tools for creators to run a subscription content service, as well as ways for artists to build relationships and provide exclusive experiences to their subscribers, or "patrons." [Click here to explore.](#)

Want to increase your luck? Try taking some risks



VIDEO: In this fascinating talk, three strategies are offered to make luck happen by design rather than chance.

SOURCE: TED



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Crio: Curriculum Pathways that engage, enrich and educate



UTILITY: Imagine, create, and share lessons that inspire students' natural curiosity. Use Crio's drag-and-drop editor to transform your lessons into interactive, online resources. Free.

SOURCE: CRIO



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The two biggest trends on Earth: less poverty, more inequality



ARTICLE/ INFOGRAPHIC: The rich world has never been more unequal, and the poor world has never been richer: in 2018, we're seeing record low levels of global "extreme poverty" and record levels of inequality, with wealth concentrated into a declining number of hands.

SOURCE: Axios via Boingboing



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How the mind makes new ideas



VIDEO: New ideas emerge through 3 processes: bending, blending and breaking. Listen to the renowned neuroscientist, Dr Eagleman, talk about examples.

SOURCE: Big Think



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The most effective methods to improve your memory work because they are difficult



ARTICLE: How does your brain know whether something should be put into your long-term memory or not? Two practices, both involving a lot of work, seem to hold the key: repeatedly attempting to remember the item and trying to teach it to others, or even, yourself.

SOURCE: Quartz



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Curated and enhanced content, once a week

This is a newsletter of curated content directed at people who are tired of reading nothing but bad and depressing news in the mainstream media. The content in this site will be of interest to:

- People who like to think critically.
- People who like to teach young minds how to think critically.
- People who like to communicate - speaking, writing, engaging in forums - critically assessed information to interested audiences; I would like to offer Richard Saul Wurman's phrase, "Information architect", as a descriptor.

Arjun Rajagopalan



My professional life of four decades was spent as a surgeon, educator and medical administrator. I am now retired from active practice and when I reflect on my life and ask myself what did I do that could be now redirected to a larger audience, three things pop up: thinking, teaching, talking.